



LOCKSIDE
MEDICAL CENTRE

NEWSLETTER

SUMMER 2018



lockside@nhs.net

www.locksidemedical.co.uk

Dr Muhammad Farooq is GP registrar and is in his final year of training as qualified GP. He will be working along with other regular GP at Lockside starting from August 2018 for a year. Dr Farooq, has worked in NHS for many years especially in emergency medicine and have vast experience for various specialities including surgery, orthopaedics, medicine, paediatrics, psychiatry and general practice. He had medical degree from Pakistan and also holds MRCS (Royal College of Physicians and Surgeon, Glasgow) and MCEM (Royal College of Emergency Medicine, London). Dr Farooq will have a little longer consultation at first than regular GPs and other doctors may pop in if he has a question. Sometime, he will ask for patient feedback and have video recording of his consultations as a part of his training. Consent from patient will be taken before such consultations.

You can book appointment with him just like any other GPs.

HUB APPOINTMENTS

We have new routine, doctor and nurse appointments in the evening. They are available from 8am – 8pm, 7 days a week; this makes it more convenient for most people working shifts, and before and after school/college times.

Local GP Practices have clubbed together to provide this service. Appointments can be booked via your own Practice at 3 local 'HUBs' 7. You will be given the choice to see an experienced Doctor, Nurse or Health Care Assistant and the service is available to anyone from any Surgery.

At present the HUBS are located at Ashton Primary Care Centre, Glossop Primary Care Centre and Thornley house Medical centre in Hyde.

At the time of making your appointment via our admin staff, if you give your consent to share information, then the clinicians you see at the HUB will be able to access your medical records and your consultation with them can be shared afterward with your GP.

You can be seen by Nurses for your asthma checks, COPD, smears and for ear syringing and other tests, such as blood tests.

For more information about this service please ask our Admin staff, or ask our staff to book you a HUB appointment at your preferred centre.

GENERAL DATA PROTECTION (GDPR) MAY 2018

Data Protection law is changing and we want to keep you up to date with the steps Lockside is taking.

GDPR imposes additional obligations on organisations and gives you extra rights around how your data is used. Most of the data we hold about our patients is on our clinical computer system (EMIS). We have recently published a new Privacy Notice to give you more information on the data we hold on you, what we do with that data, who we share your data with and your new right under GDPR.

Our updated Privacy Notice is available at reception.

**COME AND JOIN US AT
Lockside Medical Centre**

Following on from the success of last year's Health and Well Being event Lockside Patient Participation Group are organising 'Emergency care' open day at the surgery on **Saturday 14th July 2018**. There will be demonstrations and information on things such as CPR and defibrillator training, emergency mental health, Diabetes Hypo management and Stroke.

The day will run from 10am- 1pm and everyone is welcome to attend - just turn up on the day.

We look forward to seeing you

**On Line medication reviews
Contraceptive Pills and HRT**

Have you ever been in for a pill check or a HRT check? Some patients wonder why they are asked to see our nurse, to be allowed to carry on using a contraceptive pill or HRT they are happy with.

We've taken this feedback on board and soon you will be able to send in a review by email.

It's quick, simple and safe. Simply click on the right page on our website, fill in the form and send it back to us. We will need a recent blood pressure readings too. Our nurses will review the information, and if everything looks safe we can prescribe 3, 6 or even 12 months of your tablets.

**DEMENTIA
Wellbeing Group**

If you are affected by dementia please join us Tuesday from 1pm-3pm

Shortly moving venue from Age UK Tameside to St Ann's Church, Ashton.

June 12 th	Crown Green Bowling
June 19 th	Great Group Bake –off
June 26 th	Music & Movement

For more information please call 0161 308 5000 or 07833 431 894

KEEP US UPDATED WITH ANY CHANGES TO YOUR MOBILE NUMBER OR EMAIL ADDRESS

COFFEE MORNING

HELD AT ST PAULS CHURCH, Huddersfield Road, Stalybridge.

10am-12noon

Saturday 9th June then

EVERY SECOND SATURDAY of each month.



Asthma review

If you have asthma and you have no wheezy episodes and you are happy with your inhaler, you can send in an asthma review form, rather than have to come and see our nurses. Simply click on the right page on our website and send us your information.

If your asthma is not well controlled we will ask you to attend so we can help improve your chest.

Take no chances with Asthma, it can be dangerous if not well controlled.

We have Pride in our Practice!

The staff team have recently undergone Pride in Practice training provided by LGBT Foundation to ensure that the practice can improve our service to patients who identify as LGBT (lesbian, gay, bisexual, transgender). The training funded by Greater Manchester Health & Social Care Partnership and NHS England will support us to update our knowledge in this area and help us to provide appropriate support to our LGBT patients. If you would like to contact Pride in Practice directly, just e-mail: pip@lgbt.foundation

Lockside Medical Centre will be closed on the following dates:

Target training afternoons:

Thursday 21st June

Thursday 19th July

Thursday 20th September

Public Holidays:

Monday 27th August